

Wender Utah Rating Scale for the Attention Deficit Hyperactivity Disorder

- Items in bold belong to the 25 question subset associated with ADHD diagnosis

	Not at all or slightly	Mildly	Moderately	Quite a bit	Very much
1 Active restless always on the go	0	1	2	3	4
2 Afraid of things	0	1	2	3	4
3 Easily distracted with concentration problems	0	1	2	3	4
4 Anxious worrying	0	1	2	3	4
5 Nervous fidgety	0	1	2	3	4
6 Inattentive daydreaming	0	1	2	3	4
7 Hot- or short-tempered	0	1	2	3	4
8 Shy sensitive	0	1	2	3	4
9 Temper outbursts tantrums	0	1	2	3	4
10 Trouble with stick-to-it-tiveness not finishing things	0	1	2	3	4
11 Stubborn strong-willed	0	1	2	3	4
12 Sad or blue depressed	0	1	2	3	4
13 Incautious. dare-devilish	0	1	2	3	4
14 Dissatisfied with life	0	1	2	3	4
15 Disobedient with parents	0	1	2	3	4
16 Low opinion of myself	0	1	2	3	4
17 Irritable	0	1	2	3	4
18 Outgoing, friendly	0	1	2	3	4
19 Sloppy disorganized	0	1	2	3	4
20 Moody ups and downs	0	1	2	3	4
21 Angry	0	1	2	3	4
22 Friends popular	0	1	2	3	4
23 Well-organized tidy neat	0	1	2	3	4
24 Impulsive, acting without thinking	0	1	2	3	4
25 Tendency to be immature	0	1	2	3	4
26 Guilty feelings regretful	0	1	2	3	4
27 Losing control of myself	0	1	2	3	4
28 Tendency to be or act irrational	0	1	2	3	4
29 Unpopular, not very friendly	0	1	2	3	4
30 Poorly coordinated	0	1	2	3	4
31 Afraid of losing control of self	0	1	2	3	4
32 Well-coordinated picked first in games	0	1	2	3	4
33 Tomboyish (for women only)	0	1	2	3	4
34 Running away from home	0	1	2	3	4
35 Getting into fights	0	1	2	3	4
36 Teasing other children	0	1	2	3	4
37 Leader bossy	0	1	2	3	4
38 Difficulty getting awake	0	1	2	3	4
39 Follower led around too much	0	1	2	3	4

40 Trouble seeing things from someone else's point of view	0	1	2	3	4
41 Trouble with authorities	0	1	2	3	4
42 Trouble with police	0	1	2	3	4
43 Headaches	0	1	2	3	4
44 Stomachaches	0	1	2	3	4
45 Constipation	0	1	2	3	4
46 Diarrhea	0	1	2	3	4
47 Food allergies	0	1	2	3	4
48 Other allergies	0	1	2	3	4
49 Bedwetting	0	1	2	3	4
50 Overall a good student fast learner	0	1	2	3	4
51 Overall a poor student slow learner	0	1	2	3	4
52 Slow in learning to read	0	1	2	3	4
53 Slow reader	0	1	2	3	4
54 Trouble reversing letters	0	1	2	3	4
55 Problems with spelling	0	1	2	3	4
56 Trouble with mathematics or numbers	0	1	2	3	4
57 Bad handwriting	0	1	2	3	4
58 Able to read pretty well but not really enjoying it	0	1	2	3	4
59 Not achieving up to potential	0	1	2	3	4
60 Repeating grades	0	1	2	3	4
61 Suspended or expelled	0	1	2	3	4
	Not at all or slightly	Mildly	Moderately	Quite a bit	Very much